

# CANADIAN BEST PRACTICE RECOMMENDATIONS FOR THE MANAGEMENT OF AMYOTROPHIC LATERAL SCLEROSIS



To enable ALS clinicians, allied health professionals and primary care providers to align clinical care with best practices to ensure people living with ALS receive consistent care no matter where they live in Canada.

# 130+

Recommendations  
across 13 Areas



## ADDRESS ISSUES RELEVANT TO THE CANADIAN CONTEXT

- Timeliness of care
- Treatments
- Caregiver Support
- Medical Assistance in Dying (MAiD)



## MULTIDISCIPLINARY CARE FOCUS

a specialized approach with attention to the whole person, including their emotional aspects of wellbeing



Empowers **INFORMED, COLLABORATIVE DECISIONS** and advocacy for optimal care



## FIRST

comprehensive resource to inform ALS care in Canada



## ICE BUCKET CHALLENGE

donations put to work



Developed by a 13-member **PAN-CANADIAN** working group

# 3,000

In Canada, about 3,000 people live with ALS, a progressive, degenerative disease that gradually results in paralysis.

With no cure, 4 out of 5 people with ALS will die within 5 years of being diagnosed.

TO LEARN MORE, VISIT **ALS.CA**