



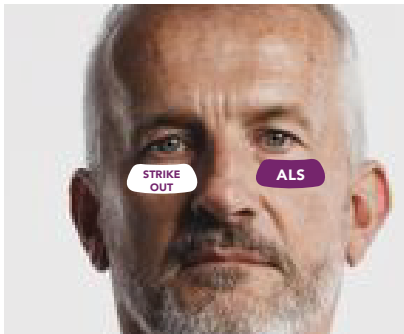
# Lou Gehrig Day | June 2

Thank you for helping to raise awareness of ALS!

**01** Print this sheet in colour. If you don't have a colour printer, we've provided a blank option you can colour in yourself.

*Pro tip: You can use temporary tattoo paper or other skin-friendly adhesive paper for extra staying power!*

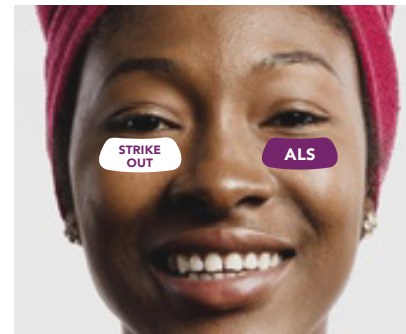
**02** Cut out the eye blacks.



"STRIKE OUT" goes under your right eye, "ALS" goes under your left eye

**03** Stick the eye blacks under your eyes.  
*Please use a skin-friendly, temporary adhesive!*

**04** Take your photo and post to your social channels using #GoToBat4ALS



"STRIKE OUT" goes under your right eye, "ALS" goes under your left eye

## EYE BLACKS (Print at 100% ratio)



Right eye

Left eye

Right eye

Left eye